



KINDERGYM & PRESCHOOL GYM

18 MONTHS - 5 YEARS

PLAY • LEARN • GROW!

We create fun, safe and supportive classes that help little ones build skills, confidence and a love of movement! ♥



WHAT WE'RE WORKING ON



MOVEMENT & COORDINATION

Running, jumping, hopping, skipping, climbing and balancing.



STRENGTH & CONTROL

Building strong bodies with fun activities on the floor and equipment.



BASIC GYMNASTICS SKILLS

Forward rolls, log rolls, jumps, balances, hand placements and safe landings.



CONFIDENCE & INDEPENDENCE

Encouraging self-belief, trying new things and celebrating every achievement!



SOCIAL SKILLS & FUN!

Making friends, taking turns, listening and having lots of FUN!



PRESENTATION WEEK!

29 JUNE - 4 JULY

A special week to celebrate all our amazing gymnasts! ♥

Each child will be presented with a **certificate** for all their learning achievements.



WE CAN'T WAIT TO CELEBRATE WITH YOU! ♥



EVERY CHILD • EVERY SKILL • EVERY SMILE

FOCUS • FUN • FRIENDSHIP
BG PROUD! ★