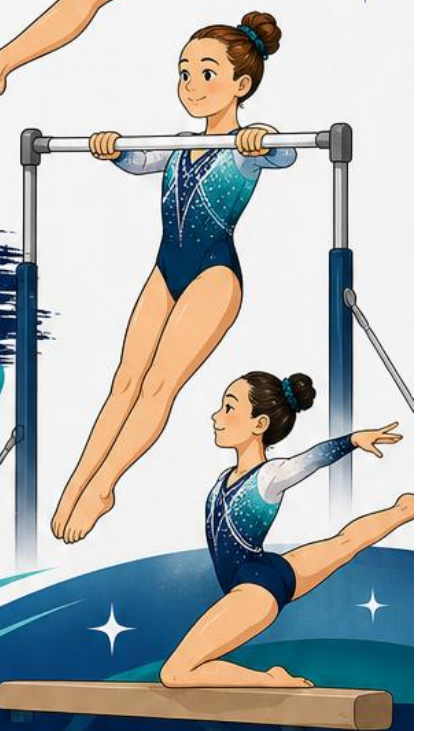




WAG LEVEL 3+ SQUADS



GETTING IN THE SWING OF
COMP SEASON!

WE ARE FOCUSED, DETERMINED AND EXCITED AS WE LEARN OUR ROUTINES, BUILD STRENGTH AND PREPARE FOR AN AMAZING SEASON AHEAD!



ROUTINES. CONFIDENCE. COMMITMENT.

Every detail. Every day. Ready for comp season!



LEARNING ALL OUR ROUTINES

We are learning and perfecting our routines across all apparatus, including *choreography sessions* each week!



UPCOMING EVENTS



**LEVEL 5+
MOCK COMPETITION**
Saturday 30 May



**LEVEL 3-4
WINTER CARNIVAL INVITATIONAL**
Sunday 28 June



STRONGER TOGETHER

We are building strength, power and endurance with *specialised strength sessions* on selected days.

**ALL GROUPS.
ONE GOAL.**
LED BY HEAD COACH *Ruthie.*



TOGETHER

WE WORK.
WE SUPPORT.
WE SUCCEED.



**ONE TEAM.
ONE GOAL.**



TEAMWORK



DISCIPLINE



DEDICATION



DETERMINATION

That's what we're made of!